

Teaching emotional literacy skills

Name

Date

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Instructions

Watch [Video 7.11: How is Froggy feeling?](#)

1. In [Video 7.11: How is Froggy feeling?](#), what are three emotions that the teacher discusses with her children while reading a book to them?

2. What else could the teacher have done to expand the discussion on emotions, especially related to individual differences?

Activity 7.7a

3. Identify each of the emotions associated with the faces on [Handout 7.2: Emotional Literacy Skills: Identifying and Understanding Emotions](#). List out each emotion below.

4. Next, with a partner, discuss how you understood which emotion each face had. What were the clues from each face that showed you what emotion was associated with a particular face? Again, list each emotion below and write out the clues associated with each emotion.

5. It is important as a teacher to help children learn to identify and understand their own and others' emotions. What can you do as a teacher to foster emotional literacy in the classroom? With a partner, list 2 activities you could do to help foster emotional literacy in the classroom (e.g, a song, art project, book, etc.)



Hints

Adapted from CSEFEL WWB Training Kit #21. Fostering Emotional Literacy in Young Children: Labeling Emotions